ANNOUNCEMENT

Vegetarian Potluck

Wed Feb 8 - 6:00 pm @ OMNI

Specially Big Day!

Amy Wilson unveils her great new American cookbook

Little Miss Cornbread!

How about a southern cooking theme with a vegan touch?

AND

A group of visiting Scandinavian musicians are visiting Kelly & Donna

They'll attend Veggie Potluck and do music after. WOW!

Please bring extra food to help feed the musicians, and come to this amazing opportunity. Once in a lifetime!
CONTENTS: Vegetarian/Vegan Action Newsletter #35, February 8, 2017:

Health, Nutrition
“The VegNews Bloggy Awards”: Blogs on Latest Recipes, Products, Restaurants

Antibiotics
New Film on Vegans: Vegan Everyday Stories

Empathy, Compassion, Protection of Animals
New Film
Related Films
“Spy in the Wild,” PBS Series on Animal Feelings and Thought
Cruelty at “High-Speed” Pork Plants
Fight for Transparency in Meat Industry
Sue Coe, Animals’ Vegan Manifesto

Climate
Vegetarianism, Veganism, Vegetarian Action vs. Carnivorism and Climate Catastrophe.

NUTRITION, HEALTH
“The VEGNEWS Bloggy Awards,” VegNews (August 2016). Describes 21 blogs, including:

“Oh She Glows, a healthy and popular site, ohsheglows.com
“This Rawsome Vegan Life,” by “wildly popular blogger/cookbook author,” thisrawsomeveganlife.com
“Chocolate Covered Katie,” “a one-stop shop for all things chocolate,” chocolatecoveredkatie.com

Tom Meersman. “Rules Aim to Cut Farm Antibiotics.” NADG (Feb. 7, 2017). “The problem is that the more frequently antibiotics are used…the more quickly bacteria can develop resistance to them, rendering the lifesaving drugs less effective or ineffective.”

Vegan Movie: Vegan: Everyday Stories
Vegan: Everyday Stories is a feature-length documentary that explores the lives of four remarkably different people who share a common thread - they're all vegans.

[This film fits both Health and Compassion categories. –Dick]

EMPATHY, COMPASSION, PROTECTION OF ANIMALS

NEW FILM: Vegan: Everyday Stories

About the Movie - Vegan Movie

Veganmovie.org/about

Vegan: Everyday Stories is a feature-length documentary that explores the lives of .... Glenn Scott Lacey is a director, filmmaker, film composer and the owner of ...

Vegan: Everyday Stories (Official Trailer) - YouTube

https://www.youtube.com/watch?v=2qedrlO1Gg0

May 6, 2016 - Uploaded by Northwest VEG

Related Films (send me your review).

Spy in the Wild, A NATURE Miniseries – a John Downer Production for BBC, PBS and THIRTEEN Productions LLC premiering Wednesdays, February 1 – March 1, 8-9 pm ET on PBS stations.

In the most innovative production Nature has ever presented, this five-part series employs more than 30 animatronic spy cameras disguised as animals to secretly record behavior in the wild. These “spycams” reveal animals as having emotions and behavior similar to humans: specifically, a capacity to love, grieve, deceive, and invent. Among the featured Spy Creatures are: Spy Orangutan, Spy Croc Hatchling, Spy Meerkat, Spy Egret, Spy Tortoise, Spy Prairie Dog, Spy Macaw, Spy Sloth, Spy Cobra, Spy Bushbaby, Spy Squirrel, Spy Adelie, and Spy Baby Hippo. These robotic, uncanny look-alikes infiltrate the natural world to film surprising behavior among wildlife from around the globe.

Spy in the Wild: Love
Episode 1 airs Wednesday, February 1 at 8 p.m. ET on PBS
Full Episode Available

Spy Creatures explore the rarely seen emotions of animals, revealing if they are as strong and complex as our own. Join the “spycams” as they are accepted into a wild dog pack, witness elephant love, and are mourned by a troop of monkeys.

Spy in the Wild: Intelligence
Episode 2 airs Wednesday, February 8 at 8 p.m. ET on PBS
Full Episode Available

Spy Creatures infiltrate the world of animal intelligence, ingenuity, and creativity. Watch our spies disguised as animals observe a gray squirrel stealing Spy Nut, a sea otter cracking open a meal, and an orangutan washing with soap.
**Spy in the Wild: Friendship**  
Episode 3 airs Wednesday, February 15 at 8 p.m. ET on PBS  
Spy Creatures and their new wild friends rely on each other to look out for predators. A Spy Meerkat babysits meerkat pups while a Spy Cobra pretends to attack the mob. Spy Crocs witness a convenient partnership between real crocodiles and birds.

**Spy in the Wild: Bad Behavior**  
Episode 4 airs Wednesday, February 22 at 8 p.m. ET on PBS  
Spy Creatures infiltrate the underground world of animal mischief, crime, and retribution. Spy Monkey is caught between crossfires as real monkeys fight over beach bar alcohol. Spy Egret is also a waterhole victim when elephants throw mud everywhere.

**Spy in the Wild: Meet the Spies**  
Episode 5 airs Wednesday, March 1 at 8 p.m. ET on PBS  
The final episode explains how the concept of the Spy Creatures evolved at John Downer Productions from the original Bouldercam to the Penguincams that inspired the next-generation “spycams” featured in this series. It shows the painstaking work that goes into building the lifelike models and how the team deploys and operates the robotic cameras on location all over the world. It contains funny and unexpected moments, much of which is experienced from the viewpoint of the “spycams” themselves.

“GAP Gets Affidavits from Federal Inspectors.”  
*Whistleblower 2016 Year-in-Review.*  
Newsletter of Government Accountability Project.  
“Reports show continued violations—legal and ethical—at ‘high-speed’ pork plants.”  
Article is part of GAP’s Food Integrity Campaign.


http://www.orbooks.com/catalog/animals-vegan-manifesto-sue-coe/?utm_source=mailchimp&utm_medium=email&utm_term=any50&utm_content=bye-amazon&goal=0_43ce1d59a2-4a7f1733e5-317534377&mc_cid=4a7f1733e5&mc_eid=1abb3fee98

"In the Vegan Manifesto, Sue Coe, human champion of rights for those whose voice most humans do not hear, has crafted a masterpiece: at once visually stunning and spiritually invigorating.” —Dr. Michael Greger, author of *How Not to Die*

"Sue Coe is the most important and prolific political artist of our time. Her work explores and exposes every form of injustice suffered by both humans and nonhumans. With respect to the latter, her incisive eye—both trenchant and gentle—lays bare the profound immorality of animal exploitation and constitutes a clarion call to us all to reject it. Coe understands that the moral status of animals requires that we go vegan and no one who looks at the stunning work in this book will be able to disagree.” —Gary L. Francione, Distinguished Professor of Law and Nicholas deB. Katzenbach Scholar of Law and Philosophy, Rutgers School of Law

ABOUT THE BOOK

Sue Coe’s advocacy of animal rights is unmatched in its eloquence, forcefulness, and lasting impact. She does so with a combination of extraordinary images and few words. In her unstinting insistence on tolerance and love, Coe brings us to a life-affirming philosophy that values compassion over greed, community over self, and life over capital.
In 115 black-and-white woodcut illustrations for *The Animals’ Vegan Manifesto*, Sue Coe unleashes an outraged cry for action that takes its rightful place alongside the other great manifestoes of history. As a prize-winning artist, she bears witness to unspeakable crimes, and has long advocated that we human beings must take more responsibility for ourselves, our fellow species, and the planet. Her illustrations, in the tradition of Goya, Kollwitz, and Grosz, will be familiar to many; her paintings, drawings and prints have been exhibited in galleries and museum around the world, including New York’s Museum of Modern Art. 122pp.

CLIMATE

Climate Catastrophe, Capitalism, and Fossil Fuels

For a large guide to reading about the struggle of vegetarians against climate catastrophe, see past numbers of *Vegetarian Action*. Comparatively, few climate mitigation movements offer more practical hope as ending carnivorism.

*Vegetarian Action*

#34 [http://jamesrichardbennett.blogspot.com/2017/01/vegetarian-action-newsletter-34.html](http://jamesrichardbennett.blogspot.com/2017/01/vegetarian-action-newsletter-34.html)


#29 http://jamesrichardbennett.blogspot.com/2016/06/vegetarian-action-newsletter-29-june-8.html

#28 http://jamesrichardbennett.blogspot.com/2016/05/vegetarian-action-newsletter-28-may-11.html


#26 http://jamesrichardbennett.blogspot.com/2016/02/vegetarianvegan-newsletter-february-2016.html

etc.

CONTENTS: OMNI Vegetarian/Vegan Action Newsletter #34, January 11, 2017
http://jamesrichardbennett.blogspot.com/2017/01/vegetarian-action-newsletter-34.html

VegNews (February 2017), items cited to indicate range

Health, Nutrition

New film: What the Health! From the makers of Cowspiracy


Government Accountability Project (GAP)

Eggs

Empathy, Compassion, Protection of Animals

PETA, “Why Animal Rights?”

Practical Guide to Animal Rights
Climate Catastrophe, Capitalism, Fossil Fuels

*Vegetarian Action* on Climate

Categorical Responses to Climate Catastrophe

Steve Coll, *ExxonMobil*

*Vegetarian Action* #33

END VEGETARIAN ACTION NEWSLETTER #35, FEBRUARY 8, 2017

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Dick Bennett


For research purposes, specific subjects can be located in the following alphabetized index, and searched on the blog using the search box. The search box is located in the upper left corner of the webpage.


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