OMNI

VEGETARIAN ACTION NEWSLETTER #27, April 13, 2016.


Compiled by Dick Bennett for a Culture of Peace, Justice, and Ecology.


http://omnicenter.org/donate/

Veggie and Vegan Potluck

Wed - 6:00 pm @ OMNI

A food-friendly event with delicious dishes every second Wednesday. We want to meet you, at a place and time where you can talk with others not only about recipes, nutrition, and health, but about the meat industry monopoly, care for other species, for the environment, and the climate. Hope to see you!

If you need to be removed from this list or want it to go to another address, just reply to this email and I'll get you fixed up.

Wednesday, April, 6pm, everyone is invited to our potluck to enjoy vegetarian cuisine and discuss vegetarian issues. This newsletter especially focuses on the significant connections of vegetarianism/veganism to education, industrial meat production, nutrition, animal rights,
overpopulation, wars, the 6th extinction, and most of all, to which all other factors either contribute or resist, the catastrophe of climate change. As in all of OMNI’s activities, we seek a culture of peace, justice, and ecology, to make the changes necessary to end wars and slow warming.

Vegetarian Potluck starts at 6, and CCL at 7. If you wish, provide your recipe, or at least its name and main ingredients. Make a special sign or announcement if your dish is vegan or gluten free.

As always, folks who don’t identify as vegetarians are welcome at our potlucks.

Car directions to OMNI: Take College to Harold St (at Flying Burrito), turn east (right if you’re heading north). Go one block to Lee and turn left. Go one block to Bertha and we’re the gray brick on the corner, 2nd house south of Liquor World.

What’s at stake: “What began as a desire to improve my health opened the door to realize the tremendous positive impact that veganism has on the environment and animal lives. There’s no single life choice that creates such massive benefits for human health, environmental sustainability, and relieves the suffering of animals.” Jason Wrobel, author of *Eaternity: More Than 150 Deliciously Easy Vegan Recipes for a Long, Healthy, Satisfied, Joyful Life*, in *VEGNEWS* (April 2016).

MAY: International Respect for Chickens Month

*Vegetarian Action Newsletter* #27, April 13, 2016

NUTRITION, HEALTH

Local Restaurant News

Local Food

*VegNews Magazine*

Junk Food and Calories

ANIMAL PROTECTION, COMPASSION, RIGHTS, LIBERATION

A Trend Away from Cruelty? SeaWorld Changes

*VegNews*

An Undercover Investigator of a Factory “Farm”

Several Advertisements of Cruelty-free Products
Why One Cook Changed to Vegan

New book by David Pellow, *Total Liberation: Oppression, Animal Liberation, and the Radical Earth*

*Movement*

CLIMATE CHANGE

Carnivores

*Cowspiracy* Against Eating Meat Endorsed by Unitarian Universalist Association

POPULATION

Human-driven factors forcing regional and global environmental change:

Negative Population Growth/NPG

CONNECTING THE DOTS, THE COMPREHENSIVE APPROACH

Dick, Vegetarianism/Veganism, Perceiving Patterns and Systems for the Earth’s Habitability

Nourish, a Comprehensive Perspective

*Vegetarian Action #26*

NUTRITION, HEALTH

New Italian restaurant in town: BOCCA, Italian Eatery and Pizzeria

The place was packed and people standing in line on a Tuesday night. (It's open only nights.) The menu mainly lists pasta and meat dishes, and pizzas, but the waiter told us we could replace the meat with another vegetable, so I think we can consider it a vegetarian restaurant. Everything homemade. Local veggies. I split a pizza with a friend, a "Build Your Own" for $11 and $1 for each added veg. So adding five we enjoyed pizza with bell peppers, mushrooms, onion, spinach, and tomatoes for $16 dollars or $8 each. The pizzas are 12-inch and the sauce delicious. We brought home half of it. Two bummers: small amount of wine and expensive, and noisy, as bad as Hugo's.

The Thai restaurants I am familiar with are very flexible for veggies or tofu instead of meat, and they have brown rice. And soup. Around $8 to $9. My favorite has been Thai Diner then Thep Thai and Taste of Thai. But recently I keenly enjoyed my meal at the Thai restaurant on College just south of Township next to La Huerta: soup, veg roll, and entrée
sweet and sour, #2 heat, splendid ooomph, all for about $7!

Chinese restaurants I have visited are less convenient, but recently at Formosa I enjoyed its excellent Veggies with rice (only white and fried though). Similar prices as the Thai. Outstanding variety of teas with special preparation and endless hot water. Also, Formosa has a 2nd “real Chinese” menu for special recipes, give it a look.

What’s your favorite restaurant for vegetarian? For Vegan?

VEGNEWS (April 2016)

This magazine, much like Vegetarian Times, is devoted to the enjoyment, nutrition, and health of vegetarianism. It’s packed with attractive sounding recipes and photos.

But it also includes a strong, compassionate article about the cruelty to animals on a factory farm. The author, Chrystal Ferber, worked as an undercover investigator on a factory farm (see following). And on a close reading I found several expressions of concern for animals in the industrial meat system.


Don’t eat junk food. You can’t exercise away junk food. By focusing on calories, processed food companies are saying “It’s your fault.” But they are packing in sugar, salt, and fat!

Local Food

New Equations of Regions, People, Nature and Food Chains

By Wayne Roberts on Mar 10, 2016 12:03 am

We usually think of geologists as going deep, but when it comes to working through the layers of meaning behind local food, geographer Terry Marsden knows how to dig very deep.

ANIMAL PROTECTION, COMPASSION, RIGHTS, LIBERATION

SeaWorld Ends Orca-breeding in captivity and will stop making them perform

Kay and Schneider (AP). “SeaWorld Ends Orca-Breeding Program.” AD-G (March 18, 2016). “Surrendering to a profound shift in how people feel about using animals for entertainment, the SeaWorld theme parks have joined a growing list of industries dropping
live animal tricks.” Surrendering to a profound, already existing abhorrence to killing, the people of the world will drop carnivorism for pleasure?

The magazine VEGNEWS (April 2016) includes “My Life as an Undercover Investigator” by Chrystal Ferber, who “was forever changed” by working undercover on a factory “farm.” In addition to her story she adds sections on “The Life of a Slaughterhouse Chicken” and “A Day in the Life 24 Hours as an Investigator.”

The magazine also includes ads expressing concern for animals. On p. 53: Moo Shoes offers “cruelty-free, animal-approved” shoes (from the photo of one pair of shoes I couldn’t determine what it was made from). On p. 55 The Herbivore Clothing Company advertises its shirt with this message: “I Love Animals Too Much to Eat Them.” On pp.66 and 68 are ads for refuges—the Woodstock Farm Sanctuary and the Heartland Farm Sanctuary. On page 69 the United Poultry Concerns advertises “International Respect for Chickens Day,” May 4 (www.upc-online.org ), and it declares that “the entire month of May is International Respect for Chickens Month!” and appeals to us to “do an ACTION for chickens on or around May 4.”

And on p. 75 an author of a vegan cookbook was asked why he made the change to vegan two decades ago, and he replied: “What began as a desire to improve my health opened the door to realize the tremendous positive impact that veganism has on the environment and animal lives. There’s no single life choice that creates such massive benefits for human health, environmental sustainability, and relieves the suffering of animals.”

ANIMAL LIBERATION AND LIBERATION OF WORLD

Total Liberation: The Power and Promise of Animal Rights and the Radical Earth Movement

Press Releases


We just came across this excellent book on Animal Liberation at the recent Animal Rights 2015 Conference in Washington, DC. It features the Press Office and personnel in several chapters; it will be available soon on the NAALPO website, but until then, you can read reviews and buy it here:

http://www.upress.umn.edu/book-division/books/total-liberation

All oppression is linked: radical environmental and animal liberation movements in the struggle for social justice
Total Liberation elucidates the often tense and violent relationships among humans, ecosystems, and nonhuman animal species, expanding our understanding of inequality and activists' uncompromising efforts to oppose it. Through activist interviews, fieldwork, and analyses of documents, websites, journals, and zines, David Naguib Pellow reveals how radical environmental and animal rights movements challenge inequity through a vision they call “total liberation.”

David Naguib Pellow is a first-rate scholar, and this rich, carefully-researched book demonstrates that fact. His refusal to march lock-step with any given theoretical perspective but, rather, to employ a variety of them to illuminate his data (data from diverse sources) makes this effort all the more impressive. In numerous places I found myself admiring his insights into a movement I have studied for decades. Rik Scarce, Skidmore College

CLIMATE CHANGE AND CARNIVORES

(Carnivore: an animal that eats flesh, comprising dogs, cats, bears, weasels, and humans. Carnivoral, carnivorous, carnivorism,)

Cowspiracy: The Sustainability Secret is gaining adherents. Recently the UUA Unitarian Universalist Assoc. endorsed the movement against eating animals in a full-page statement in its magazine, UUWORLD (Spring 2016), praising the film. “ANIMAL AGRICULTURE IS THE MOST DESTRUCTIVE INDUSTRY FACING THE PLANET TODAY” (www.uuam.org). See UUA’s www.firstprincipleproject.org. Not only is eating meat grossly cruel and inhumane, it is a major cause of climate change. So vegetarianism and, even more, veganism are major resistsants. We can make a difference simply by eating less animal products and replacing them with plants (www.cowspiracy.com/facts). Watch Cowspiracy now on Netflix and start another conversation in your community.

A local businessman Bob Walker (Flying Possum Leather) is eager to show the film for discussion at his business and at OMNI. Contact Dick to help.

POPULATION


Four human-driven factors are forcing regional and global environmental change:

1. Increasing levels of atmospheric greenhouse gases;
2. Clearing forests for agriculture and construction of buildings and roads on a scale that affects the amount of the sun’s energy reflected or absorbed by our planet;
3. Replacement of plants that freely transpire and return water to the atmosphere by water-conserving plants that grow faster and now form the basis for our food supply in many parts of the world; and

4. Mining of minerals and extraction of petroleum with concomitant release of nutrients and poisonous materials into the environment.

[ 5. and 6. Industrial agriculture in general, and industrial animal agriculture especially, as well as military impacts could be added to this list as #5 and #6. Both of these institutions are top consumers of fossil fuels, in addition to various forms of water, air, and soil pollution they entail.]

All of the above SIX factors are closely related to the growth of the human population of the planet, the development of civilization, and the need for increasing food supplies.

Another schema: “Whether the tide of human and ecological nutrition affairs can be turned in the diminishing time-frame available before habitable ecosystem collapse occurs, depends above all on four factors. One is slowing, stopping and reversing population growth. Two is arresting ecosystem destruction, particularly that caused by energy production at the cost of food and water security. Three is better strategies to resolve conflict, including agreement to meet basic needs in less materialistic ways. Four is providing satisfying and productive livelihoods in all populations and communities.” Nourish Network

news.nourishnet@gmail.com 2-16-16

......Negative Population Growth

Negative Population Growth, Inc. (NPG) is a national nonprofit membership organization with over 30,000 members. It was founded in 1972 to educate the American public and political leaders regarding the devastating effects of overpopulation on our environment, resources, and standard of living. We believe that our nation is already vastly overpopulated in terms of the long-range carrying capacity of its resources and environment.
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We urgently need, therefore, a National Population Policy with the goal of eventually stabilizing our population at a sustainable level, far below today's, after an interim period of negative growth.

Most politicians, big business and its supporting economists call for growth as a solution to all our problems. Apparently, they believe in perpetual growth, which is a mathematical absurdity on a finite planet. There must be limits. Science is demonstrating that human population and consumption in the United States and the world are already too large and are destroying the natural systems that support us. We must not simply stop population growth; we must turn it around.

Since 1972, NPG has been making that case. We do not simply identify the problems, we propose solutions.

A New Series: We are introducing a new series of articles under the title The President's Column. As they appear the articles will be listed chronologically in this section "News and Commentary".

An Introduction to the President’s Column

by Don Mann, President, NPG, Inc.

Since NPG was founded over 40 years ago I have been convinced that NPG at bottom is an economic theory: namely, that our goal should be to maximize per capita income and wealth for all, in a way that would be sustainable for the very long term, and that the only way to achieve that goal is by a negative rate of population growth until our economy has been reduced to a sustainable size.
In the Peace, Justice, and Ecology Movement Connecting the Dots. The Food System is Not Random.

And it’s no new discovery. Paul Kennedy in his 1993 Preparing for the Twenty-First Century urged a thorough overhaul of education, not for competition in the global economy but to stop the decline in the habitability of the earth. In his Introduction to his 1994 Earth in Mind David Orr listed losses in a typical day on planet Earth—for example, there has been a marked decline in fungi and amphibians worldwide. They are part of a larger pattern, Orr argues, that includes the economic system, education for jobs and profession, shopping malls, deforestation, suburbs, ozone holes, crowded freeways, soil erosion, superfund sites, insensate violence, and extreme weather. That we see them as disconnected events or fail to see them at all is evidence of the critical failure of education to enable people to perceive patterns and systems, and thereby to live as whole persons. We must learn to think about ecological patterns, systems of causation, and the long-term effects of human actions, they taught us over 20 years ago. Our inability to understand broad patterns, multifarious causes, and enduring effects are already manifested as species extinction, enormous gap between rich and poor, pollution, social decay, poverty, and climate change. Vegetarianism/Veganism is one of the counter-movements to sustain the earth’s habitability. The slogan Think Global, Act Local has become Think Global, Act Local, Act Global. –Dick

A COMPREHENSIVE PERSPECTIVE: NOURISH

What's up?

These are interesting times. There is now wide understanding that the crucial determinants of states of well-being, health, and disease are structural – social, economic, political, environmental. Also, that the welfare of the human species depends on protection of the whole living and physical worlds of which humans are custodians. Such insights explain the commitment of so many people to Nourish.

These times right now are for us with Nourish also a little bit frustrating, with so much news needing to be understood from the point of view of nourishment. But we will be on line soon. We recommend Carbonating the World from the Center for Science in the Public Interest, co-written by Nourish advisor CSPI director Michael Jacobson, on the deep penetration by the transnational soda manufacturers of Asia, Africa and Latin America.

We at Nourish welcome the broad-minded view of The Lancet and its dynamic editor Richard
Horton, as for example in a recent editorial: ‘Current approaches don’t work. Obesity is the result of an obesogenic environment maintained by large global food and drink companies with a vested interest to provide ultra-processed, energy-dense, nutrient-poor food as cheaply as possible. Obesity prevention and treatment needs urgent, serious, and multifaceted action, beyond just a sugar tax’.

Also, we are thrilled by publication now, on 17 February, of the Pan American Health Organization nutrient profile system, part of the PAHO campaign to check and reverse childhood obesity, which has the personal support of PAHO director Carissa Etienne. Leaders of this work include Nourish editorial team members Ricardo Uauy, Carlos Monteiro and Enrique Jacoby.

Who we are: Mark Wahlqvist

Mark (left) at Monash University, Australia. He is next to his mentor Basil Hetzel, whose leadership has protected lives and prevented deaths of countless children from iodine deficiency disorders and diseases. On the right is Tony McMichael, environmentalist and champion of knowledge, decision and action to stop human-caused climate disruption

Mark Wahlqvist is a former president of the International Union of Nutritional Sciences. An Australian, he holds professorial chairs at Monash University, Australia, and the University of Zhejiang at Hangzhou, China. He is founder-editor of the Asia-Pacific Journal of Clinical Nutrition. A signatory of the Giessen Declaration, for many years he has advocated eco-nutrition. He is a member of the steering group responsible for Nourish.

Positive vision for this century

I envision a more peaceful and sustainable planet where most are healthy most of the time. For this to be at all likely, we need to understand that we are ‘ecological creatures’ and conduct our lives, livelihoods and recreation, accordingly.

Above all there is a pressing need to define and achieve positive good health and well-being, whose determinants include personal and community security; basic needs met; avoidance of want; secure livelihoods; secure values; scope to hope and dream; and access to information. Also needed are stable and respectful social structures; essential infrastructure for hygiene, health care, education, transport, communication; localities with ecological integrity; and health literacy and resourcefulness.

Whether the tide of human and ecological nutrition affairs can be turned in the diminishing time-frame available before habitable ecosystem collapse occurs, depends above all on four
factors. One is slowing, stopping and reversing population growth. Two is arresting ecosystem destruction, particularly that caused by energy production at the cost of food and water security. Three is better strategies to resolve conflict, including agreement to meet basic needs in less materialistic ways. Four is providing satisfying and productive livelihoods in all populations and communities.

Nourish News : February Newsletter #2
Nourish Network news.nourishnet@gmail.com via madmimi.com
2:31 AM (17 hours ago)

to me  2-5-16

Here is some good news. Nourish will champion dietary patterns based on fresh and minimally processed foods and freshly prepared meals enjoyed in company, with avoidance of ultra-processed products, as stated in the national Brazilian food guide
What is Nourish all about?

Nourish will be the independent website, journal and network dedicated to gaining knowledge, making agreements, and promoting action on all aspects of nourishment. Many of the ideas shaping Nourish have been presented at international conferences including by members of the editorial team, and published in books, reports, and publications, notably World Nutrition, the journal of the World Public Health Nutrition Association. Nourish has attitude. As indicated here, it celebrates the good life well led in society, which includes nutrition, food, shared meals and conviviality. It is committed to the welfare of the whole living and physical world. In this era of the Anthropocene in which human activity is menacing planetary ecosystems and the biosphere, and public health and public goods are being undermined, positive strategic vision is essential

That’s huge. Can you do all this?

With growing support from our network (and see ‘Join us’, below) we hope and believe that yes, we can. But not all at once, and not alone! Our editorial team, authors and advisors come from all continents and are of all adult ages. They include people with deep experience, and expert knowledge of many inter-related biological, social and environmental sciences. Also, much of what needs to be said and done is not new and is known already, or else needs to be brought into the light. Nourish will be a forum for the knowledge, decisions and actions of research centres, professional bodies, public interest organisations and social movements that now are facing the facts and forecasts of this century

Who are the people behind Nourish?

Nourish currently includes an editorial team of 20, together with 20 regular authors and 20 advisors. They will be listed and profiled in Nourish. Some are contributors to the World Nutrition Visions series. Most have been editors of or authors for World Nutrition. The founding editor of Nourish, Geoffrey Cannon, edited World Nutrition from its first issue in 2010 until the current issue of 2016.

What is the relationship between Nourish and the World Public Health Nutrition Association?

Many of us who are engaged with Nourish are members of WPHNA, some of long standing, and have its interests at heart. Informally, Nourish has a special relationship of affiliation, respect and affection for WPHNA as the ‘parent’ of World Nutrition, and for colleagues who are WPHNA members. Formally Nourish is independent and self-governing. This is, we are sure, in the best interests of WPHNA, of Nourish, and of the causes we serve in these unique, difficult and turbulent times. An analogy is with the British Medical Journal, once the journal of the British Medical Association, which became ready to ‘fly the nest’, and is now independent as BMJ.
Why change the name to Nourish?

After close to six years of publication, World Nutrition is a ‘brand’. One option was to retain the name while becoming independent. But World Nutrition is known as the WPHNA journal, whose executive committee chose to retain the title. In any case, Nourish with its own website and home page is more than a journal. Also, the name Nourish indicates our scope, as stated in our summary statement in the box above. Conventional nutrition, which is mostly a biological discipline mainly concerned with the physical growth and health of people or populations, and of animals in the service of humans, is for us a vital part of a much greater whole.

Will WPHNA continue to publish World Nutrition?

In its recent newsletter and on its home page, WPHNA states of Nourish: ‘This journal and website will be completely independent from any organisation and dedicated to the cause of public health and nutrition. World Nutrition, the WPHNA journal, will continue its ongoing commitment to science, policy, and action devoted to public health nutrition’.

Will Nourish publish the results of original research?

Seldom. Many journals are already devoted to publication of original research papers devoted to gathering and analysis of data, and production of evidence. Nourish will publish contributions whose quality matches those in academic journals. These will often be ‘research on research’, and usually centred not so much on analysis of information as discussion of theses and ideas, and development of concepts, principles and policies designed to work well in the times we all live in now. Conventional research examines what has happened. What is needed in these times, more than ever, is foresight. This involves the resolution and courage to chart and explore unknown territory. The original manifesto of World Nutrition remains valid: "The need is for a journal whose contributors have scope to think and reflect on the significance of established and emerging experience and evidence, and on how best to shape policies and programmes that protect the human species, the living and physical world, and the biosphere, now and in future."

What are your principles?

The Nourish principles, to be set out in our manifesto, are in part derived from the 1945 UN Charter, the 1986 Ottawa Charter, the 2005 Giessen Declaration, the 2008 Hyderabad Declaration and the 2009 Istanbul Declaration. These and other documents have been affirmed by nation states or all together agreed by many thousands of delegates or participants. They have a global scope, position nutrition as part of the human rights and public health movement, insist on the need to protect public goods, and will inform the Nourish manifesto. The Giessen Declaration is the product of a three-day workshop in which a number of Nourisheditorial team members, including three officers of the International Union of Nutritional Sciences, participated. It outlines the scope of nutrition in the wide sense of
nourishment.

"All sciences and all organised human activities are and should be guided by general principles. These should enable information and evidence to be translated into relevant, useful, sustainable and beneficial policies and programmes. The overall principles that should guide nutrition science are ethical in nature. All principles should also be guided by the philosophies of co-responsibility and sustainability, by the life-course and human rights approaches, and by understanding of evolution, history and ecology."

"The human species has now moved from a time in history when the science of nutrition, and food and nutrition policy, have been principally concerned with personal and population health and with the exploitation, production and consumption of food and associated resources, to a new period. Now all relevant sciences... should and will be principally concerned with the cultivation, conservation and sustenance of human, living and physical resources all together; and so with the health of the biosphere."

These are general principles. Others will be shaped to face the uniquely ominous circumstances experienced in this century so far, and forecast up to 2030 and beyond. Some of the policies of Nourish will be to

- Affirm that nourishment includes nurture of the human body, mind, heart and spirit, requiring insight and understanding above and beyond the findings of biochemical and laboratory experiments and of randomised controlled trials.

- Emphasise that integrated knowledge and wisdom is the firm foundation for sound decisions and actions, and take account of the limitations of reductionist science, increasingly fragmented into insulated specialist compartments.

- Denounce the current dominant globalised political and economic system that promotes outrageous corporate influence over the UN system and national governments, engorgement of the greediest, and worse world poverty.

- Translate knowledge and decisions into recommendations for action, in partnership with members of our network, in order to help shape just, fair, decent, peaceful and equitable societies throughout the world.

- Regain an integrated holistic and practical vision of the whole universe. Such philosophies have been among the great achievements of advanced civilisations all over the world throughout history, and remain valid inspiration.

Here is some bad news. Climate disruption is harming food systems and world health. Countries like the US and UK are saturated with ultra-processed food products. Farmers are
being forced into cities to live in squalor in slums and shanty-towns

What are the special features of Nourish?

Many. Technically it will be an up to date on-line website and journal made fully fit for use, accessible everywhere any time on tablets and smartphones as well as computers. Our home page news features will be topical. Our journal contributions will have the normal on-line reading facility. Our design will be transformed. Editorially, in continuing the policies of World Nutrition as set out in its original manifesto, Nourish will combine the qualities of a science-based journal and of an attractive periodical more effectively than WN has ever been able to do. We will maintain analyses of corporate power, climate disruption, unsustainable development, privatisation of public goods, despoilation of the global South, and other structural threats to the human, living and physical world, now and in future. We will network with research centres, professional groups, civil society organisations and social movements committed to similar policies and actions. We will also be hopeful and joyful! We will celebrate good work well done, that encourages equity and justice, and helps families, communities and populations to live in harmony, in ways that protect the inheritance of future generations. More in later Nourish newsletters!

Where do I sign up?

Right here!

Join us!

©2016 Nourish Network - The times we all live in now | Brussels, Belgium
Vegetarian Fare at Local Restaurants.

The Thai restaurants I am familiar with are very flexible: their meat entrees can be substituted for veggies or veggies and tofu, and they have brown rice. And tasty soup. Around $8 to $9. My favorite has been Thai Diner then Thep Thai and Taste of Thai. But recently I keenly enjoyed my meal at the Thai restaurant on College just south of Township next to La Huerta: soup, veg roll, and entrée sweet and sour, #2 heat, splendid seasonings oooomph, all for about $7.

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What’s your favorite restaurant for vegetarian?

Fun Vegetarian History: Famous Vegetarians and their Favorite Recipes.

See a review here: http://www.ivu.org/books/reviews/famous-vegetarians.html OMNI’s Library owns this, see me. —Dick

Books Celebrating Vegan Food and Lifestyle


Meat Industry, Brutal to Victims and Employees

Christopher Leonard, The Meat Racket

Nutrition, Health; Pollan: Eat Food, Mostly Plants, Not Too Much

Animal Protection and Rights, Compassion: Can a System Designed to Kill Be Made Humane?

George Bernard Shaw: I Don’t Eat My Friends

Carol Adams, The Sexual Politics of Meat--Vegetarianism, Feminism, Pacifism

Animals Agenda, Compassion for Sentient Beings

Documentary Film, Blood of the Beasts (France, 1949)

Human Protection and Rights (especially Tyson’s Harms to Workers)

(Note: Claire Williams. “Record Profit Predicted for 2016, Tyson Chief Says.” AD-G (2-6-16))

Leonard, The Meat Industry (above)

Tom Philpot on Ted Genoways' The Chain: Farm, Factory, and the Fate of Our Food

NWA Workers' Justice Center, Springdale, AR: “Wages and Working Conditions in Arkansas Poultry Plants.”

Climate Change: Reducing CO2 and Weather Extremes, and Adaptation—Family Planning

A Note and Column by Art Hobson: The rapidly rising temperature can be catastrophic.


Population

Guzman identifies population growth as one of the chief causes of climate change.

END OMNI VEGETARIAN ACTION NEWSLETTER #27, April 13, 2016

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Dick Bennett

Blog: http://jamesrichardbennett.blogspot.com/
For research purposes, specific subjects can be located in the following alphabetized index, and searched on the blog using the search box. The search box is located in the upper left corner of the webpage.
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