What’s at stake:

_The time will come when men such as I will look upon the murder of animals as now they look upon the murder of men._

—*Leonardo da Vinci, 1452-1519*

Towards a Better World that Honors Animals

Gandhi once said, "The greatness of a nation and its moral progress can be judged by the way its animals are treated."

OMNI’S Blog

[http://jamesrichardbennett.blogspot.com/](http://jamesrichardbennett.blogspot.com/)

OMNI Newsletters


Index:

[http://www.omnicenter.org/omni-newsletter-general-index/](http://www.omnicenter.org/omni-newsletter-general-index/)

Contents Vegetarian Action Newsletter #10, August 13, 2014

OMNI VEGETARIAN POTLUCK WEDNESDAY, AUGUST 13, 6:30. Is this Dessert Contest Month?

Nutrition, Health

Mostly Martha, Film of Love and Food

Nutrition Action Health Letter

Physicians Committee for Responsible Medicine PCRM

Good Medicine, the Magazine of PCRM

“Round-up” vs. Health

Antibiotics in Meat vs. Health

Animal Rights and Protection

Dick’s Letter to AETN

Better World for Animals

Assisi International Animal Institute

Interspecies Friendships

Global Warming, Climate Change

Animals and Climate Change

Endangered Species Day

Contents #9, July 9, 2014

NUTRITION, HEALTH
Mostly Martha (2001)
"Bella Martha" (original title)

109 min - Comedy | Romance | Drama - 18 April 2002 (Germany)

When a headstrong chef takes charge of her equally stubborn 8-year-old niece, the tensions between them mount... until an Italian sous-chef arrives to lighten the mood.

Director: Sandra Nettelbeck

Nutrition Action Healthletter

https://www.cspinet.org/nah/

Center for Science in the Public Interest

Its award-winning newsletter, Nutrition Action Healthletter, is the ... 2 million people read every information-packed issue of Nutrition Action Healthletter, making ...

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The Physicians Committee's Legislative Expert Colin Schwartz
Victory! Southern Illinois University Cancels Plan to Use Pigs

Physicians Committee Online

Victory! Southern Illinois University Cancels Plan to Use Pigs

Read more in this issue >

**NEWS and FEATURES**

**Passion for Compassion: A Benefit in the Hamptons for the Physicians Committee**

**Special Event | Aug. 9, 2014**

Join Neal Barnard, M.D., Physicians Committee president and members in the Hamptons on August 9 to support efforts to create a better future for animals and people.

**International Conference on Diabetes**

**News Release | July 19, 2014**

Diabetes is a worldwide escalating epidemic. Help stop it by sharing information about the International Conference on Diabetes, where leading experts shared the latest insights on the causes of diabetes, the critical role of nutrition, and priorities for research.

**Fish is Not a Health Food**

**From Boulder to NYC: Meeting and Exceeding School Lunch Requirements**

**Congressional Briefing | July 7, 2014**

On July 1, school lunch leaders from around the country spoke to a packed room of Capitol Hill staffers at a congressional briefing co-hosted by the Physicians Committee and Rep. Jared Polis, D-Colo.

a diet rich in plant-based foods, such as soy beans

**Researchers Unveil Six Dietary Guidelines for Cancer Prevention**

**News Release| June 9, 2014**

Six dietary guidelines - more aggressive than previous cancer prevention advice will be unveiled in the June 30 issue of the Journal of the American College of Nutrition.

**Processed meat** causes colorectal cancer

**Physicians Committee Begins Recruitment for the Had I Known Processed Meat Campaign**

**News Release | May 29, 2014**

Modeled off of the CDC’s Tips from Former Smokers, the campaign will feature real people
who have or have had colorectal cancer and will alert the public to the health risks associated with processed meat consumption.

**7 tips to boost brain health**

International Researchers Identify Seven Dietary and Lifestyle Guidelines for Alzheimer's Prevention

Breaking Medical News | May 16, 2014

Seven dietary and lifestyle guidelines to boost brain health and reduce the risk of Alzheimer's are available as an online advance on May 16, 2014, as a special supplement in Neurobiology of Aging.

**Physicians Committee Supporter Patricia E**

Remembering Rodney Society Wall of Appreciation

See photos and comments from Remembering Rodney Society members who support PCRM with monthly donations.

**PUBLICATIONS**

*Good Medicine Magazine* Summer 2014

PCRM is a nutritional, wellness organization, but it also speaks out against cruelty to animals. The Summer 2014 number of *Good Medicine* includes articles on protecting dogs in Taiwan, ending chimpanzee invasive experimentation, and lamb experiments at Texas A&M.

*Good Medicine Magazine*  Vegetarian Starter Kit

Healthy Eating for Life: Food Choices for Cancer Prevention and Survival

Kids Get Healthy

Nutrition for Kids  Diet and Diabetes: Recipes for Success

**MONSANTO’S Round-up and BIRTH DEFECTS**

Fran Alexander


CORPORATE PROFITS, ANTIBIOTICS, AND SUPERBUGS
Thom Hartmann | Government Fails to Protect Americans From Superbug Epidemic

Thom Hartmann, EcoWatch, Reader Supported News, August 8, 2014.
Hartmann reports: "Each year, Big Agriculture feeds millions and millions of pounds of antibiotics to factory farm animals, all to slightly increase their profits by plumping up their meat."

READ MORE

ANIMAL RIGHTS, PROTECTION, FRIENDSHIPS

INTERSPECIES FRIENDSHIPS

I wrote Mona Dixon of AETN the following letter accompanied by VA #9

Thank you Mona. I am a long-time contributor to and watcher of AETN--music, science, mysteries, Moyers, Frontline. A specific program I'll point to with appreciation are those teaching humans to understand and have compassion for other animals, esp. programs in which animals of different species become friends. The film about the 16 wild turkeys raised by Mr. Hutto was truly exceptional. One small criticism from my particular point of view--vegetarianism. You urge us to love and protect animals, but also to kill and eat them! (Recipe of the month.) Pay some attention to the consistent vegetarian view that walks its talk about loving animals?

Thanks, Dick Bennett

[No reply from Mona. And last week AETN presented another film on cross-species friendship—a man and a seal. Maybe that was her positive reply!]

BETTER WORLD FOR ANIMALS, Google Search Page One, August 13, 2014

• Better World Quotes - Animal Rights Quotes
www.betterworld.net/quotes/animal-quotes.htm

'For the animal shall not be measured by man. In a world older and more complete than ours, they move finished and complete, gifted with extensions of the ...

• Better World For Animals - YouTube
www.youtube.com/user/BetterWorldForAnimal

Try to stop animal cruelty and abuse. You can make this world a better place.

• A Better World for Animals is at Your Fingertips! | Animal ...
aldf.org/.../a-better-world-for-animals-is-at-y...
A Better World for Animals is at Your Fingertips! Posted by Jennifer Molidor, ALDF’s Staff Writer on February 21, 2014. Today's daily action for National Justice for ...

Towards a Better World that Honors Animals. Gandhi once said, "The greatness of a nation and its moral progress can be judged by the way its animals are .

Who We Are

- About Assisi
- The Covenant to Honor Living Creatures
- Mission Statement and Code of Ethics
- What's in Our Hearts

What We Do

- Workshops and Classes Schedule
- Professional Animal Communicator Certification
- Raising Consciousness
- Frequently Asked Questions

We Need You

- Join us!
- Sponsor a Workshop
- Animal Philanthropy
Features

- Myths About Animal Communication
- Towards a World that Honors Animals
- What is your Cat Trying to Tell You?
- Send in your stories!
- Send in your pictures!

Want to know more?

Send an email to info (at) assisianimals.org

or

Towards a Better World

*The time will come when men such as I will look upon the murder of animals as now they look upon the murder of men.*

—Leonardo da Vinci, 1452-1519

Towards a Better World that Honors Animals

Gandhi once said, "The greatness of a nation and its moral progress can be judged by the way its animals are treated." His words speak to a deep truth about humans and our animal brethren – the quality of the relationship mirrors where we are in our collective evolution.

By virtue of superior tools, humans now have an unprecedented level of power in relationship to other animals. What we choose to do with this power reflects how far we’ve grown in compassion and wisdom. Abuse or domination of animals reflects (and reinforces) our own wounds, splits, and disease, whereas loving respect of animals encourages our integration and health.

When we practice communicating with animals, we begin to cultivate a different kind of relationship, one based on honoring their sovereignty, intelligence, and capacity to feel and think. We move beyond being masters of animals into the more enduring joy that is born of communion. And we also shift our worldview towards a deeper appreciation of the inner life of our fellow travelers on planet earth.

Over time, the practice of animal communication can deepen into a love that encompasses all of the inhabitants of our planet. It is this kind of love – a compassionate concern for the whole
– that is the ultimate solution to our ecological, political, and spiritual crises. Communicating with animals is thus a practice that contributes to the evolution of human civilization, as well as creating a richer experience of life for each of us that undertake the journey. The better world towards which we are all striving will be one in which humans and animals have a relationship built upon respect and honoring.

Non-human animals have abilities that have often atrophied in humans, which can lead our animal companions to have a healing influence on us. Humans, by virtue of the environments we create, can provide an opportunity for animals to move beyond survival-level challenges and experience a more fully supportive existence. In this way, humans and non-human animals can establish a mutually enriching relationship that moves our world towards greater integration, health, and wholeness.

Site: DesignbyKarl ©2014

* The Assisi International Animal Institute has Federal and State non-profit tax exempt status.
*
For many of us, the animals in our lives are faithful pals who make us laugh, keep us ... Here are 11 outstanding examples of animals who saved humans.

5. 13 Animal Friendships Sure To Melt Your Heart - Neatorama
www.neatorama.com/.../13-animal-friendships-sure-to-melt-your-heart/
by Jill Harness - Feb 4, 2011 - What is it about interspecies animal friendships that make humans so infatuated? Is it the unlikelihood of the partnerships or the simple ...

6. Top 10 Unusual Animal Friendships - Listverse
listverse.com/2012/11/23/top-10-unusual-animal-friendships/
Nov 23, 2012 - Competition between animals drives evolution, and will never be removed... ... 10 Amazing Extremes Of Our Solar System. August 11, 2014 f Humans... Here are ten of the most surprising interspecies animal friendships. 10.

7. [PDF]
Animals as Friends - DigitalCommons@CalPoly
digitalcommons.calpoly.edu/cgi/viewcontent.cgi?article=1107...bts
by C Townley - 2010 - Cited by 1 - Related articles
friendship can include (other than human) animals more easily than others. I present an argument in favour of characterising some animal-human connections.

8. 15 Sweet Animal/Human Friendships - BuzzFeed
www.buzzfeed.com/animalpractice/15-sweet-animalhuman-friendships
Sep 11, 2012 - Dogs are man's best friend, but we can be BFFs with other animals, too. These adorable human/animal pairs prove that friendship comes in...

9. Friendship between humans and animals? - Yahoo Answers
Jan 17, 2013 - Dogs definitely do share emotions both with their owners and their other canine or feline companions in the home. You have I'm sure seen the many ... 10. **15 Unusual Animal Friendships That Will Melt Your Heart ...**

[www.boredpanda.com/unusual-animal-friendships-interspecies/](www.boredpanda.com/unusual-animal-friendships-interspecies/) Jan 9, 2014 - Why did these animals form their friendships? ... for us all - be we beast or human - just open your heart and close your eyes - and feel it flow in.

Searches related to animal human friendships

animal friends humane society
animal friends connection humane
animal friends humane
animal friends humane society+pgh

**ANIMALS AND CLIMATE CHANGE**

**ANIMALS AND CLIMATE CHANGE, GOOGLE SEARCH PAGE ONE, AUGUST 12, 2014**

1. **7 Species Hit Hard by Climate Change—including One That’s**


National Geographic Society

Climate change has already brought "widespread and consequential" impacts, a new report ... Published March 31, 2014. Climate change is doing "widespread and consequential" harm to animals and plants, which are struggling to adapt to ...

2. **Tropical Fish Cause Trouble as Climate Change Drives Them**


National Geographic Society

Jul 25, 2014 - Climate change drives sea creatures toward the Poles and into conflict with ... not only on native plants and animals, but also on commercial fisheries. ... for ice lingering on Great Lakes into July of 2014 and greatest extant of ...

3. **Climate change: the effects on ocean animals**
New England Aquarium

Climate Change and Ocean Animals; Climate Change in New England · Climate Change 101 · Live blue: ... But sea ice is decreasing throughout their Arctic range due to climate change. ..... Sydney Morning Herald 2014-08-11T09:00-05:00.

4. Animal Agriculture & Climate Change : Humane Society ...

www.hsi.org/issues/climate_change/

Raising enormous numbers of land animals for food—67.5 billion globally in 2008—causes significant emissions of ... HSI works to address climate change and other issues related to the environment and animal agriculture. ... May 19, 2014 ...

5. Happy Endangered Species Day! Here Are 5 Animals At ...

thinkprogress.org/climate/2014/.../endangered-species-day...

ThinkProgress

Here Are 5 Animals At Risk Of Extinction From Climate Change. by Emily Atkin Posted on May 16, 2014 at 1:43 pm. facebook icon 2,985Share This twitter icon ...

6. Humans, Not Climate Change, To Blame For Ice Age Animal ...

www.iflscience.com/...animals/humans-not-climate-change-blame-ice-ag...


7. Climate change: Animals struggle for survival in California ...

www.desertsun.com/story/.../2014/.../climate-change...animals/10035779...

Jun 8, 2014 - Scorched Earth: How Climate Change is Altering the Deserts of the Southwest ... by climate change are posing new threats for desert animals in the ..... during a research outing at Joshua Tree National Park on April 13, 2014.

8. Scientists Race to Develop Farm Animals to Survive Climate ...

www.infowars.com/scientists-race-to-develop-farm-animals-to...

Alex Jones

Scientists Race to Develop Farm Animals to Survive Climate Change. Share on Facebook 0 Tweet about this on ... May 4, 2014. Naked Neck chickens / Photo: ...

9. Climate Change Animals - Huffington Post
If nothing else gets you antsy about climate change, the prospect of animals getting hot and ...
Contents Vegetarian Action Newsletter #9, July 9, 2014

Nutrition, Health

Environmental Importance of Vegetarianism: Don’t Eat Meat
Abel Tomlinson, Boycott Monsanto and Tyson

Animal Rights and Protection

Earthlings Film
Rod Kuipers, Operation Bite Back
Wayne Pacelle, HSUS, The Bond
Friedrich Fustian, Humane Treatment of Food Animals

Warming, Climate Change, Meat, Forests, Population

Grazing Animals vs. Forests
NASA, Climate Effects on Food Supply
Weisman, Countdown on Exponential Population Growth

END VEGETARIAN ACTION NEWSLETTER #10

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Dick Bennett

Newsletters
http://www.omnicenter.org/newsletter-archive/

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http://www.omnicenter.org/omni-newsletter-general-index/

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