What is the mission of OMNI?

With the Quakers we seek:
a world free of war and the threat of war,
a society with equity and justice for all,
a community where every person’s potential may be fulfilled,
and an earth restored.

The Quakers and the entire peace, justice, and ecology movement, of which OMNI is a part, seek to create a better world. OMNI was created precisely because numerous social organizations existed, but not one to promote world peace, both social and economic justice, human rights, and democracy, and to demote violence, cruelty, secrecy, and political repression, connecting the dots between local and global. Later (by 2006) we added the even more urgent problems arising from warming. OMNI was never perceived as a passive or lukewarm undertaking. Plenty of organizations exist for that.

A Call to the People by George Monbiot

From: Robert McAfee <robertjmca1@gmail.com>
Date: September 19, 2013, 5:36:29 AM CDT
After more than a quarter of a century of environmental campaigning I’ve come to see that the only thing that really works is public mobilisation: the electorate putting so much pressure on governments that they are obliged to take a stand against powerful interests.

SEND THESE NEWSLETTERS TO VETERINARIANS IN NWA.

OMNI Newsletters
http://www.omnicenter.org/newsletter-archive/
Contents Vegetarian Newsletter #6 April 9, 2014

NUTRITION
Twisting “Natural”
DIVERSE HARMS FROM EATING MEAT AND RESISTANCE TO CRUELTY
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VEGETARIANISM AN IMPORTANT CHOICE AGAINST CO2 WARMING

Contact Your Representatives
Contents Nos. 1-5

NUTRITION

Big Food Companies Want to Call GMO Foods "Natural"
Upton reports: "Is genetically engineered food natural? The Grocery Manufacturers Association, a trade group representing some of the world's biggest food and food-related companies, including ConAgra Foods, Bayer CropScience, and the Coca-Cola Company, thinks so."
READ MORE
HARMS OF EATING MEAT
MEAT EATING VS. ALL ANIMALS AND THE LAND

New Meat Campaign -- *Take Extinction Off Your Plate*

Meat production comes at a steep price to endangered species and the environment, whether it's through deforestation, climate change, habitat destruction, drought or the direct killing of keystone carnivores like wolves.

So this week the **Center for Biological Diversity** launched a groundbreaking new campaign urging Americans to "take extinction off their plates." Eating less meat is one of the best ways you can reduce your environmental footprint. **Cutting just one-third of the meat from your diet can save as much as 340,667 gallons of water, more than 4,000 square feet of land, and the greenhouse gas equivalent of driving 2,700 fewer miles a year.**

"Many people don't realize the devastating toll meat production has on wildlife and the planet," said Stephanie Feldstein, our population and sustainability director.

Learn more at our brand-new [website](#), share this awesome [infographic ("Meatstinction")](#), and take our pledge to eat less meat.

CRUELTY TO ANIMALS

Conversation Between David and Kyle on Eating Pork 3-14-14

Kyle

glad you are looking at these issues

yes, i watched the other video you just sent of the sadistic torture that baby pigs and pregnant females are subjected to in these factory farms like we now have operating in the Buffalo River watershed at C&H Farms in partnership with Cargill Big Ag

barbaric is the least offensive term I can use to describe it but that does not accurately describe the inhumane cruelty being done day in and day out

and yes, there is a difference, a big difference, between this factory farming animal slaughter house meat production and raising an animal oneself or hunting wild game
but any slaughter of sentient beings for food is such unnecessary cruelty
tofu hot dogs will do just fine

On Thu, Mar 13, 2014 at 7:39 PM, Kyle Druding <kyledruding@gmail.com> wrote:
The more I learn about what is in food, the more I understand you eating decisions. I don't think I will eat pork anymore. This, along with a video of how pigs a treated makes me unable to eat them. I could buy a pig from a farmer....that's about it.

Kyle
Check out this video on YouTube:
http://youtu.be/2mUBQOzjBKY
Sent from my iPhone

I assume most of us actively opposing this CAFO are already aware of the cruel, inhumane treatment that these pregnant sows caged within these Cargill supplied "gestation crates" that are banned in the European Union and terrible treatment their baby pigs receive.

Contrary to what Mr Jerry Masters of Dover, AR with the AR Pork Producers stated last nite supporting the C&H Farms operator of this CAFO, I myself believe no "good, honest, God fearing" AR farmer could possibly operate such a hideous, cruel Cargill supplied factory farm CAFO as is presently polluting the Buffalo River.

If you have not already seen one of these secretly recorded expose videos of how these CAFO's operate and have a strong stomach, watch this video my son recently sent me when he explained he no longer eats pork.

Warning: this video contains graphic, disturbing footage of the cruelty these female pigs and their babies are subjected to every day in these US operated CAFO facilities. This must be stopped.

http://youtu.be/2mUBQOzjBKY

david druding

VEGAN OUTREACH, GOOGLE SEARCH, March 15, 2014

1. Vegan Outreach | Working to End Cruelty to Animals
www.veganoutreach.org/

Vegan Outreach
Vegan Outreach is an organization working to end animal exploitation through the promotion of a vegan lifestyle.

Booklets and Other Resources Why Vegan?
In addition to the resources on this page, Vegan Outreach offers ...

A brochure explaining why people choose to follow a vegan lifestyle.

**Guide**
Vegan Outreach's starter guide covers everything from nutrition ...

**What Do Vegans Eat?**
But according to most vegans, quite the opposite happens ...

**About Vegan Outreach**
About Vegan Outreach. “VO's approach, simultaneously ...

**Video Links**
Video Links. Text and pictures can't begin to describe the ...

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2. **Vegan Outreach** - Wikipedia, the free encyclopedia
   [en.wikipedia.org/wiki/Vegan_Outreach](en.wikipedia.org/wiki/Vegan_Outreach)

   Wikipedia

   Vegan Outreach is an American grassroots animal advocacy group working to promote veganism through the widespread distribution of printed informational ...

3. **Vegan Outreach** | Facebook
   [https://www.facebook.com/veganoutreach](https://www.facebook.com/veganoutreach)

   Vegan Outreach. 49333 likes · 21224 talking about this. Vegan Outreach is dedicated to promoting vegetarianism and reducing suffering. Order booklet and/or ...

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**Farm Animal Welfare: Social, Bioethical, and Research Issues**


**Description**
Animals born with bones and muscles are meant to move. In modern systems of intensive agriculture, however, many animals -- notably, swine, veal calves, and poultry -- are rigorously confined. In this book Professor Bernard E. Rollin describes problems of animal welfare in today's agriculture, discusses the research that exists for improving these systems, and proposes topics for further study.

Rollin urges animal producers and agricultural scientists to begin now to address welfare problems. He cites the biomedical research community, which ignored issues of pain control and animal welfare until **public concern led to federal legislation**. Promising work has
already been done in Europe, where the public has demanded that livestock not suffer. A new social ethic in the United States calls for humane agricultural systems that meet the needs and natures of the animals we use. Striking a balanced and rational approach, Rollin's thoughtful text is valuable reading for animal producers, agricultural scientists, veterinarians, animal advocates, and the general public.

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   Traditional Social Ethics and the Treatment of Animals.

   The Inadequacy of the Traditional Ethic.

   The Rise of the New Ethic.

   The Nature of the Emerging Ethic: Beyond Cruelty

   Evidence for the Presence of the New Ethic.

   The Relevance of the New Social Ethic to Agriculture.

2. Welfare Research and Scientific Ideology.

   Scientific and Producer Attitudes toward Animal Welfare

   Can Animal Suffering Be Assessed Scientifically?

   What Sorts of Research Should Be Undertaken?
How, Morally, Ought Welfare Research Be Conducted?

Animal Welfare and Genetic Engineering.

**Part 2 Research Issues in Farm Animal Welfare.**

**3. The Beef Industry.**

Welfare Issues in Ranching.

Branding

Castration.

Dehorning.

Cancer Eye

Cattle Handling.

Transportation.

Downer Cattle.

Slaughter

Gomer Bulls.

Feedlot Problems.

**4. The Swine Industry.**

Swine Behavior.
Confinement of Sows.

Modification of Existing Systems.

Development of New Systems.

Looking at Traditional Systems.

Farrowing Crates

Other Sow Welfare Problems.

Piglet Welfare.

Grower-Finishers.

Handling and Transport

Other Issues.

5. The Dairy Industry.

Ethograms for Cattle.

Calf Welfare.

Welfare Issues of Cows

Future Technology.

6. The Veal Industry.

Welfare Problems in Current Systems.
Research Issues.


Welfare Issues in Battery-Cage Egg Production.

Improving Hen Welfare.

Changing the Animal.

Cage Modification.

Alternative Systems.

Problems in Broiler Welfare.

Handling, Transportation, and Slaughter of Poultry.

8. Reflections.

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Author Information

Rollin, Bernard E., PhD (Colorado State Univ)

Related Titles

- Equine Welfare

by C. Wayne McIlwraith (Editor), Bernard E. Rollin (Editor)
- **Ethics of Animal Use**
  by Peter Sandoe, Stine B. Christiansen, Bernard E. Rollin (Foreword by)

- **An Introduction to Veterinary Medical Ethics: Theory and Cases, 2nd Edition**
  by Bernard E. Rollin

- **Complementary and Alternative Veterinary Medicine Considered**
  by David W. Ramey, Bernard E. Rollin

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**The Well-Being of Farm Animals: Challenges and Solutions**

G. John Benson, Bernard E. Rollin

ISBN: 978-0-8138-0473-6

378 pages

January 2004, Wiley-Blackwell

**Description**
The Well-Being of Farm Animals: Challenges and Solutions is the first title in Blackwell Publishing Professional's groundbreaking series Issues in Animal Bioethics. This important book examines the ethical and economic importance of production animal well-being and pain management--topics of increasing concern to consumers.

The Well-Being of Farm Animals: Challenges and Solutions offers veterinarians, veterinary and agriculture students, animal scientists, and food animal producers both practical methods to enhance farm animal well-being, and greater understanding of the theoretical underpinnings of those methods. With a variety of perspectives from respected experts and specialists, this book conveys new research findings and promotes valuable discourse on critical issues. Most importantly, editors Benson and Rollin provide feasible instruction to put theory into practice.

The theories and applications presented in this book are likely to be legislated in the future. Therefore, it is important for veterinarians in production animal medicine to keep abreast of the latest issues in promoting animal well-being, and implement sound animal welfare methods every day. The Well-Being of Farm Animals: Challenges and Solutions provides the information veterinarians need to do both.

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1. The Ethical Imperative to Control Pain and Suffering in Farm Animals (Bernard E. Rollin).


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13. Maximizing Well-Being and Minimizing Pain and Suffering: Sheep (Cleon V. Kimberling and Gerilyn A. Parsons).


15. Rethinking Painful Management Practices (Daniel M. Wary and David Fraser).


Appendix: U. S. and Canadian Veterinary Medical Associations Positions on Food Animals.

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Author Information

G. John Benson, DVM, MS, is a professor and Chief of Anesthesiology in Veterinary Clinical Medicine at the University of Illinois, Urbana. Dr. Benson also holds joint appointments in the Department s of Veterinary Pathobiology (Comparative Medicine Division) and Veterinary Biosciences (Pharmacology Division).

Bernard E. Rollin, PhD, is University Distinguished Professor and Professor of Philosophy, Physiology, and Animal Sciences, as well as University Bioethicist at Colorado State University, Fort Collins, Dr. Rollin is the founder of the fields of veterinary medical ethics and is a principal architect of laws protecting laboratory animals. He addressed animal welfare as the keynote speaker at the 2003 American Dairy Science Association/American Society of Animal Science joint meeting.

PETA / ISSUES / ANIMALS USED FOR FOOD / FIGHT GLOBAL WARMING

Fight Global Warming by Going Vegetarian

Global warming has been called humankind’s “greatest challenge” and the world’s gravest environmental threat. Many conscientious people are trying to help reduce global warming by driving more fuel-efficient cars and using energy-saving light bulbs. Although these measures help, science shows that going vegan is one of the most effective ways to fight global warming. A staggering 51 percent or more of global greenhouse-gas emissions are caused by animal agriculture, according to a report published by the Worldwatch Institute. Additionally, a recent United Nations report concluded that a global shift toward a vegan diet is extremely important in order to combat the worst effects of climate change. According to the United Nations, raising animals for food is “one of the top two or three most significant contributors to the most serious environmental problems, at every scale from local to global.” In addition, the official handbook for Live Earth, the anti–climate change concerts that Al Gore helped organize, says that not eating meat is the “single most effective thing you can do” to reduce your climate change impact. Carbon dioxide, methane, and nitrous oxide together cause the vast majority of global warming. Raising animals for food
is one of the largest sources of carbon dioxide and the single largest source of both methane and nitrous-oxide emissions.

**Carbon Dioxide**

Burning fossil fuels (such as oil and gasoline) releases carbon dioxide, the primary gas responsible for global warming. Producing one calorie from animal protein requires 11 times as much fossil fuel input—releasing 11 times as much carbon dioxide—as does producing a calorie from plant protein. Feeding massive amounts of grain and water to farmed animals and then killing them and processing, transporting, and storing their flesh is extremely energy-intensive. In addition, enormous amounts of carbon dioxide stored in trees are released during the destruction of vast acres of forest to provide pastureland and to grow crops for farmed animals. On top of this, animal manure also releases large quantities of carbon dioxide.

You could exchange your “regular” car for a hybrid Toyota Prius and, by doing so, prevent about 1 ton of carbon dioxide from entering the atmosphere each year, but according to the University of Chicago, being vegan is more effective in the fight against global warming; a vegan is responsible for the release of approximately 1.5 fewer tons of carbon dioxide into the atmosphere each year than is a meat-eater.

A German study conducted in 2008 concluded that a meat-eater’s diet is responsible for more than seven times as much greenhouse gas emissions as a vegan's diet. Rajendra Pachauri, the head of the U.N.’s Nobel Prize–winning Intergovernmental Panel on Climate Change (and a vegetarian himself), urges people to “please eat less meat—meat is a very carbon-intensive commodity.”

**Methane**

The billions of chickens, turkeys, pigs, and cows who are crammed into factory farms each year in the U.S. produce enormous amounts of methane, both during digestion and from the acres of cesspools filled with feces that they excrete. Scientists report that every pound of methane is more than 20 times as effective as carbon dioxide is at trapping heat in our atmosphere. The EPA shows that animal agriculture is the single largest source of methane emissions in the U.S.

**Nitrous Oxide**

Nitrous oxide is about 300 times more potent as a global warming gas than carbon dioxide. According to the U.N., the meat, egg, and dairy industries account for a staggering 65 percent of worldwide nitrous oxide emissions. (Use the N-Calculator to calculate your nitrogen footprint and to see how you could lower your nitrogen usage.)

**You Can Help Stop Global Warming!**

The most powerful step that we can take as individuals to avert global warming is to stop eating meat, eggs, and dairy products. Order PETA’a
free "Vegetarian/Vegan Starter Kit" and do your part to start saving the plant and animals today!

Read more: http://www.peta.org/issues/animals-used-for-food/global-warming/#ixzz2yLSwDNqZ

Contact the Arkansas Congressional Delegation

What do you say to them? Tell the person who answers you are a constituent of the Congressman, you are a vegetarian, and you would like to know if he is also? If he is, cheer, and say goodbye. If he is not, ask if he is aware that vegetarianism is good for one’s health. (Be prepared to adduce some stats and examples. My newsletters provide an abundance of evidence.) Then ask if the congressman is aware that vegetarianism reduces cruelty to animals, and in general, cruelty. (Again, some data.) And finally ask if he is aware that vegetarianism resists global warming. Expect a sympathetic listener; don’t assume rejection. The congressman prefers poor health, torture, and rising seas?

Arkansas is represented in Congress by two senators and four representatives. Here is how to reach them. None of the senators or representatives publishes his e-mail address, but each can be contacted by filling in forms offered through his website.

**SENATORS**

**Sen. John Boozman**  
Republican, first term  
320 Hart Senate Office Building  
Washington, D.C. 20510  
Phone: (202) 224-4843  
Fax: (202) 228-1371  
Arkansas offices:  
FORT SMITH: (479) 573-0189  
JONESBORO: (870) 268-6925  
LITTLE ROCK: (501) 372-7153  
LOWELL: (479) 725-0400  
MOUNTAIN HOME: (870) 424-0129  
STUTTGART: (870) 672-6941  
EL DORADO: (870) 863-4641  
Website: www.boozman.senate.gov

**Sen. Mark Pryor**  
Democrat, second term  
255 Dirksen Office Building  
Constitution Avenue and  
First Street NE  
Washington, D.C. 20510  
Phone: (202) 224-2353  
Website: www.pryor.senate.gov

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**Rep. Rick Crawford**  
1ST DISTRICT  
1771 Longworth Office Building  
Phone: (202) 225-4076  
Fax: (202) 225-5602  
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CABOT: (501) 843-3043  
Website: www.crawford.house.gov

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Fax: (202) 225-5713
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HARRISON: (870) 741-7741
FORT SMITH: (479) 424-1146
Website: www.womack.house.gov

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Republican, first term
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EL DORADO: (870) 881-0631
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PINE BLUFF: (870) 536-3376
Website: www.cotton.house.gov

Vegetarian Organizations, Magazines, Books, Films:
Vegetarian Voice
Vegetarian Times
Vegetarian Living
VegNews (Vegan)

Organizations, Magazines, Books, Films for Preservation of Animals
- PETA's Animal Times
- Foundations of Vegetarianism
- Why People Become Vegetarians
- Nutrition, Health
  - Moss, Addictive Junk Food
- Nutrition and Ethics
  - Google Search, Food, Inc.
- Food and Climate Change
  - Google Search
  - Meat vs. Climate
- Peace
  - Tuttle, World Peace Diet, Food, Compassion, Interconnectedness, Harmony
- History: Recipes from Famous People
- OMNI's Library

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End Vegetarian Newsletter #6 April 9, 2014

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Dick Bennett

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http://www.omnicenter.org/newsletter-archive/

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