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Pesto Fest - Sept 13 tomorrow!



Where? Tri Cycle Farms (1705 N. Garland Ave)

When? September 13th from 4-9pm

Parking? At Trinity United Methodist Church

Entry? \$10 and \$5 to enter the Pesto Contest

Kid's activities [at 4pm] with Eco-fairytales by Floraluna, rock painting, hula hooping, and a puppet show! Enjoy music by Cutty Rye and food from local restaurants.

To enter the Pesto Contest bring a pint of your best pesto to be judged by 3 celebrity chefs for Best Pesto, Most Creative, and a People's Choice award. with great prizes from local businesses.

Email fayettevilletricydefarms@gmail.com or call Don Bennett 479-966-0572 or Kelly Bassemier 479-236-6816 for more information.

4:00-9:00 pm at TriCycle Farm

Video Underground Special

6:30 pm at OMNI Center

DISRUPTION

CLIMATE.  CHANGE.

The Great People's Climate March next week Sept 21 in New York City -- how did it happen?

In this movie you'll see how the mythology has already begun to emerge. See the people making it happen on the ground at OMNI - 6:30 pm

Women's Support Group

Sunday Sept 14 - 3:00 pm at OMNI



Deep conversation... caring circle ... women supporting each other to emerge into our true and joyful selves. All women invited to join us

Self-Empathy Workshop

Wednesday Sept 17 - 7:00 pm at OMNI



"One must be compassionate with oneself before external compassion"

Pattie Williams, Licensed Professional Counselor, will share how to explore and practice empathy for ourselves, and facilitate a creative imagery experience, so participants can connect to their individual Deeply Wise Compassionate Self. This compassionate image can provide warmth, gentleness and empathy during personal feelings of pain, suffering, or inadequacy.

Pattie has studied Non-Violent Communication and Self Empathy for 12 years. Those who work with her in her private practice, either individually or in small groups, discover personal ways to utilize the resource of inner wisdom.

Pattie is also a member of Compassion Fayetteville. This community work has led her to develop guidance, training and program offerings on self-compassion. This current focus is influenced by Marshall Rosenberg, Robert Gonzales, Paul Gilbert, Kristin Neff, and Brené Brown.

Suggested donations of \$10-\$20 will be shared with both Compassion Fayetteville and The Omni Center toward sustaining programs of community compassion and cooperation. Donations are welcomed, but are not mandatory for this workshop participation. No one will be turned away.

Compassion Fayetteville Committee

All Children's Fair: Welcoming Feet in Motion

Sunday Sept 21 - 12:30-4:30 pm
Walker Park, Fayetteville



Music - Fun - Food - Games - Tye Dye - Art
Children of the Earth March

Refugees fleeing violence and hunger are crossing our border. A Compassionate Fayetteville cannot turn away. Children of Arkansas - come support refugee children in need.

Performers: Shakey Bugs, Adam Cox, Papa Rap, Candy Lee!

Project of the Coalition to Stand With All The Children: Compassion Fayetteville, NWA Dreamers, OMNI Center, OMNI 350, Seeds That Feed, Trinity United Methodist Church and others

Climate March in New York City!

Sept 21 - Biggest Climate March Ever

Invitation to change history



You can be there. Help Arkansas take its rightful place in history. Take the Climate Bus to New York City for this amazing event.

The bus leaves Little Rock on Friday Sept 19, returns Monday Sept 22. Contact Edward at ehejtmanek1949@msn.com - 479-444-0888

More OMNI and Community Activity

*Add your events to the list by emailing omni@omnicenter.org.
More details on the calendar at www.omnicenter.org*

Sept 13 - **Pesto Fest!** - at TriCycle Farm. More info coming

Sept 14 - Women's Support Group - 3:00 pm at OMNI

Sept 14 - Video Underground Special - DISRUPTION - 6:30 pm @ OMNI

Sept 17 - Self-Empathy Workshop - 7:00 pm OMNI Center. Led by Pattie Williams, collaboration with Compassion Fayetteville. Donations accepted.

Sept 19 - People's Climate March - leaves for New York City. Fayetteville people will be on the bus

Sept 21 - Children's Fair Walker Park 12-5 pm. Come walk with the children for OMNI 350's "March for the Earth and Children of the Earth"

Sept 24 - Cycle of Liberation - 6:30 pm - Follow-up to the Cycle of Socialization workshop held last month. Important information for people of a new age. Donations

Oct 4 - Collective Liberation Book Study - 10:00 am OMNI - exploring Chris Crass book. Read to page 18

Every week @ OMNI -

7:00 pm Mondays - Falun Gong meditation group meets in the OMNI library

Quaker Meetings 9:30 am Sundays. Anyone invited.

Rooted Vision Healing Drums - First Sundays 1-5 pm

The OMNI Center for Peace, Justice & Ecology actively educates, empowers and connects to build a nonviolent, sustainable, and just world.

